Muffin Cups

15 slices of white/whole wheat bread

1 lb extra lean ground beef

1 can cream of mushroom soup

1/2 cup finely chopped onion

1 egg

1/2 cup dry breadcrumbs

1 cup grated cheddar cheese

salt and pepper to taste

1. Remove crusts of bread and roll out in a thick slice

- 2. Butter one side and fit it into muffin tins
- 3. Mix remaining ingredients together and fill bread
- 4. Bake at 350 for 40 minutes

Love, Gramma Illa