

Dinner List

Boneless skinless chicken breasts
Cucumber
Shallot
Cilantro
Steamed rice

Ground turkey
Red pepper hummus (I use Sabra)
Roasted red peppers
Fries
Greek salad ingredients

Corn, zucchini
Limes
Quinoa (I am going to use brown rice)
Arugula
Black beans
Pico de Gallo
Cilantro
Avocado
Crumbled cotija
Shrimp

Ground beef or turkey
Onion
Tomato sauce
Taco shells
All of the toppings

Pantry Staples

Whole coriander, cumin, chili powder, ground coriander
Olive oil, canola oil
Fresh garlic and ginger
Soy sauce
Sriracha
Eggs
Honey
Rice vinegar

