

Dinner List

Ground turkey
Pesto
Pasta sauce
Parmesan cheese
Spaghetti
Salad ingredients
Crusty bread

Carrots, broccoli, carrot and potatoes
Onion
Corn
Cheddar cheese

Chicken breasts
Lime
Tortillas
Sour cream, radishes, cheese and avocado
Napa cabbage
Shallot
Cilantro

Pork tenderloin
Orange
Brown rice
Green beans

Broccoli, red pepper and Portobello mushrooms
Pita bread
Gouda cheese

Pantry Staples

Paprika, cumin, curry powder
Olive oil, canola oil
Fresh garlic and ginger
Chicken broth
Maple syrup
Soy sauce
Worcestershire
Flour
Mayonnaise

