

Dinner List

Chicken thighs
2 cans of beans, I used white kidney and navy
Can of diced tomatoes
Green chilies
Onion
Cream cheese

Pork tenderloin
Red wine
Cherry preserves
Potatoes
Green beans

Chicken breasts
Onion
Coconut milk
Lime
Basil and cilantro
Brown rice

Ground beef, I am going to use turkey
Parmesan cheese
Onion
Carrots, pepper, celery
Canned tomatoes
Small pasta like ditalini

Bacon
Tomatoes
Baguette
Lettuce

Pantry Staples

Garlic powder, cumin, oregano, thyme, paprika
Olive oil, canola oil, sesame oil
Fresh garlic and ginger
Chicken broth
Panko
Eggs
Mayonnaise
Buttermilk
Apple cider vinegar

