

Grocery list

Romaine lettuce

Tomatoes

Bacon

Baguette

Buttermilk

Green onions

Lime

Red onion, peppers

Halloumi

Tortillas

Cilantro and avocado

Penne

Italian sausage

Peppers, onion

Diced tomatoes and tomato sauce

Parmesan

Pancake or waffle mix

Mixed fruit with yogurt

Ground chicken

Cream cheese and feta

Red onion, cucumber, tomatoes

Pita

Pantry Staples

Cumin, chili powder, paprika, Italian seasoning, all spice, garlic, cloves, cinnamon, oregano

Olive, canola and sesame oil

Garlic and ginger

Cider vinegar, balsamic vinegar, red wine vinegar

Honey

Mayonnaise

Eggs

Ketchup

Panko

Milk