

Grocery list

Onion, carrots, celery
Shredded chicken, I used turkey
Thyme
Egg noodles
Lemon
Parsley
Cheese buns for dipping

Ranch dressing
Chicken breasts
Romaine lettuce
Tomatoes and corn
Black beans
Cheese
Cilantro
Tortilla chips

Lemongrass
Mushrooms, red pepper
Tofu
Coconut milk
Lime
Cilantro
Rice

Butternut squash
Red onion
Bacon
Short pasta like cavatappi
Parmesan cheese
Chives or parsley

Pantry Staples

Taco seasoning, red pepper flakes

Olive, canola and sesame oil

Garlic and ginger

Cider vinegar, balsamic vinegar, rice wine vinegar

Milk and cream

Chicken broth

Butter

Fish sauce

Brown sugar