

Grocery List

- Chicken thighs
- Onion
- Lemon
- Cottage cheese
- Mint
- Tomatoes, cucumber
- pita

- butternut squash
- Bacon
- Parmesan
- Twisty pasta
- Red onion
- Chives and parsley

- Onion
- Ground turkey
- Carrots, celery, zucchini, spinach
- Diced tomatoes
- Rosemary and basil

Pantry Staples

- Cumin, coriander, paprika, cinnamon,
- Garlic and ginger
- Olive oil, canola oil
- Cornstarch
- Panko
- Eggs
- Broth