

Grocery List

- Ground beef
- Tomato pasta
- Hard and soft taco shells
- All of the taco toppings

- Ground chicken
- Lemon, spinach and green onion
- Feta cheese
- Chickpeas
- Pepper, red onion, eggplant (I will use broccoli)

- Onion, carrots and celery
- Veggie or chicken broth
- Alphabet pasta, I got mine on Amazon
- Can diced tomatoes
- Cream cheese

- Cucumber, tomatoes, red onion and parsley
- Greek yogurt, Calabrian chiles, mayonnaise
- Chicken breasts
- Banza pasta, or any other pasta that you would like to use

Pantry Staples

- Cumin, chili, oregano, paprika, garlic, thyme, onion
- Garlic and ginger
- Olive oil, canola oil, sesame oil
- Balsamic vinegar, cider vinegar, rice vinegar, white vinegar, red wine vinegar
- Chicken stock
- Eggs
- Brown sugar
- Cornstarch